



BETH EL NEWSLETTER

The Heights Synagogue

August 2008

תמוז \ אב 5768



Rabbi Moshe Adler

He who
is devoid
of the power
to forgive
is devoid
of the power
to love.

Martin Luther King, Jr.

The King Is in the Field

Elul is traditionally regarded as a month of spiritual preparation, of personal stocktaking, in advance of the High Holy Days in the following month, Tishre. During Elul we go about mending fences with relatives, friends, and associates, obtaining their forgiveness for wrongs we may have done them, and granting them forgiveness for wrongs they may have done us. We think about taking on new *mitzvot* and strengthening and deepening the ones we already observe. We try to recapture and renew our personal relationship with our Creator. Elul customs – such as sounding a *shofar* blast after services each weekday morning, or beginning the recitation of *sli'hot* (penitential prayers) a week before Rosh HaShanah – are designed to help us get ready for our High Holy Day encounter with the King of the Universe.

Because the month of Elul starts on September first this year, it's not too early to begin thinking about its meaning in August. Let's begin, then, with a Hasidic teaching.

Ani l'dodi v'dodi li

The name "Elul" (spelled *aleph-lamed-vav-lamed*) is midrashically taken as an acronym of the biblical phrase *ani l'dodi v'dodi li*, "I am my beloved's and my beloved is mine" (Song of Songs 6.3), which describes the love between HaShem and His people. It suggests that, during Elul, we are the ones who initiate the relationship with HaShem ("I am my beloved's" and then "my beloved is mine").

This is in contrast to the month of Nisan, which is associated with another biblical phrase, *dodi li va-ani lo*, "My beloved is mine and I

am his" (Song of Songs 2.16), which suggests that HaShem takes the initiative ("My beloved is mine" and then "I am his"). During Nisan, it was HaShem who initiated the relationship by liberating us from slavery, dissolving our ties to our former masters, feeding us in the wilderness, and bringing us to Mount Sinai, where He revealed to us the Thirteen Attributes of His Mercy.

What is the relationship between God's Nisan initiative and our Elul initiative?

The King is in the field

In the anthology of his teachings entitled *Likkutey Torah*, Rabbi Shneur Zalman of Liady, the founder of Chabad Hasidism, uses the following parable to describe the bonding between HaShem and the Jewish people during the month of Elul:

Once a year, a king goes forth from his palace to visit with his people. Before the king enters a city, he encamps in the field while preparations for his official visit are being made within the city. While the king is in the field, anyone who desires to do so may approach and greet him. He receives everyone pleasantly and shows his smiling face to all.

During the month of Elul, the divine King is in the field, and everyone may go out and greet Him. Without the sure knowledge of HaShem's mercy, which HaShem has already revealed to us in Nisan, we people in the field would be unable to turn to the King during Elul in an attitude of *ani l'dodi v'dodi li*, "I am my beloved's and my beloved is mine." (Continued on page 5.)

Beth El - The Heights Synagogue builds vibrant Jewish community.

We welcome all in participatory, traditional, egalitarian worship and learning.

Rabbi Moshe Adler ♦ Saturday Morning Services at 9:15, 3246 Desota Ave., Cleveland Hts., OH 44118 ♦ ☎ 216-320-9667



Jack Valancy

**QUESTIONS? CONCERNS?
COMMENTS?
COMPLAINTS?**
Please do not hesitate to contact your President by e-mail president@bethelheights.org or home telephone (216) 371-1439

**HELP US
STAY IN TOUCH!**
Please be sure we have your current contact information. Send changes to Blanche Valancy, blanche@valancy.com or call her at (216) 371-1439

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President's Perspectives, August 2008

Shabbat Reflections

I awoke groggy and grouchy on an early summer Shabbat. My walk to shul through the warm, humid, tree-lined streets calmed me a bit. I stopped by our kitchen first. Kiddush preparations were underway, with the sponsor cheerfully helping! In the community room, kids were assembling for Junior Congregation. In the babysitting room, two brothers told me about their adventurous vacation.

Upstairs in the sanctuary, the Torah was being placed on the reading table. Our usher pressed an *aliyah* card into my hand. I have blessed the Torah many times, and each is a wondrous experience. As an experienced older member read the Torah, a member just a few years past his bar mitzvah stood beside him as *gabbai*, checking pronunciation and correcting mistakes. *Dor l'dor*, from generation to generation.

Our congregation that Shabbat included seniors, empty nesters, parents with their kids, newlyweds, and singles. A typical Shabbat cross-section of our members and friends. We are diverse in age, occupation, and life circumstances, yet we share affection for one another.

As always, our members led services, read Torah and *haftorah*, and presented the *d'var torah*. Our kids concluded services with *Adon Olam*. The relatively small crowd of worshippers was in particularly good voice that Shabbat. Although our knowledge, skills, and levels of observance vary, we accompany and assist each other on

our spiritual journeys.

Less visible, but no less essential to our community, are our members who devote themselves to the 1,001 tasks of running our congregation, such as coordinating our services, creating our educational programs, producing our newsletter and web site, catering Shabbat kiddush, simchas, and many programs, maintaining our synagogue, maintaining our finances, and serving on our Board. We appreciate their hard work.

We like being with each other on Shabbat and we like celebrating *simchas* together. We have watched our children grow, and we share their families' *nachas* (pride and joy) when they become a bar or bat mitzvah. We see the devotion of the couples, and share their wedding anniversary happiness. We cheer the achievements of our students from primary grades through college and beyond. We honor our elders.

We help each other in times of illness and injury. We support each other in mourning. We care for, and about, each other.

As I left shul, I realized how much my mood had improved since the day began. As I walked home, I reflected on the many ways our spiritual, learning, and social community nourishes us. When I arrived, I gave Blanche a hug, climbed the stairs, and lay down for my Shabbat nap with a smile on my face.

Shoshana Klein's Bat Mitzvah Project

As her Bat Mitzvah project, Shoshana Klein raised money and collected donations of goods for the Cleveland Animal Protective League (APL). She collected newspaper, food, toys, bags, and more, as well as over \$900.00 in cash donations!



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Emma Rose Will Become Bat Mitzvah

Emma Kaufman Rose will become Bat Mitzvah on August 9, 2008. Emma was home schooled for a few years and is now going into seventh grade at The Agnon School. She is an avid reader and likes to write stories, plays, and poetry. She enjoys yoga, babysitting, shopping, and time with her friends. She plays violin and piano. She loves acting and singing, although she finds carrying a tune a challenge! She has a dog, Daisy, and two tortoises, Cheetah and Archie. Emma hopes to attend R.I.S.D. (Rhode Island School of Design) and become a fashion designer.

Emma's parents, Kyle and Cynthia(Kaufman) Rose, invite the congregation to join them for Kiddush luncheon following services.



Tish'ah b'Av – The Fast of the Ninth of Av Join us for the reading of Eichah (the Book of Lamentations) Saturday night, August 9, at 10:00 PM Beth El – The Heights Synagogue

Tish'ah b'Av commemorates the destruction, in ancient times, of the first and second Temples; the start, during medieval times, of the first Crusade, during which all the Jewish communities of the Rhineland were destroyed; and the promulgation, in modern times, of the Nuremberg Laws, which singled out Jews for discrimination and began the process that would culminate in the Holocaust.

Tish'ah b'Av is a day of mourning for the Jewish people. It is the only fast, other than Yom Kippur, that begins on the previous night and ends after dark on the day itself. Like the fast of Yom Kippur, that of *Tish'ah b'Av* is total: it bans eating and drinking; bathing and the use of post-bath lotions or oils; the wearing of leather shoes; and engaging in conjugal relations.

This year, the fast begins on Saturday night immediately after dark, with the departure of Shabbat, at 9:16 PM. One recites the sentence *Baruch ha-mavdil beyn kodesh v'hol* ("Blessed is the One who separates between the holy and the non-holy"). The blessing *borey m'orey ha-esh* ("Creator of the lights of fire") is recited over a lighted candle, and the rest of *Havdalah* is postponed until the fast has ended.

On Sunday night, before eating, one recites the blessings *borey p'ri ha-gafen* ("Creator of the fruit of the vine") and *ha-mavdil* ("the One who separates") over wine or grape juice, thus completing the *Havdalah*. No spices are used.

From the start of the fast until after mid-day (Sunday, August 10, at 1:31 PM), the mood is similar to that of a *Shiv'ah* household: we sit on the floor or on low stools (unless this is physically difficult), converse in subdued tones, and limit Torah study to mournful matters. A greeting consists of a friendly nod, without the usual "Shalom," "How are you doing?" or the like. After mid-day, though the fast continues until dark, the mood lightens a bit: we sit on normal furniture, converse in normal tones, greet each other in the usual ways, and engage in Torah study that relates to redemption and hope. The *Tish'ah b'Av* mix of mourning and cautious optimism reminds us that "the kindness of *HaShem* has not ended, His mercies are not spent" (Lamentations 3.22).

On the day the Temple was destroyed, say our Sages, the Messiah was born (Agadat B'reshit 68; Midrash Zuta Eichah 2.2). From the depths of despair comes new hope.

Thanks to Our Board

We run our congregation ourselves. We conduct services, present educational programs, and produce social events. We maintain our synagogue, stay in touch, raise money, and manage our finances. We run a gourmet kosher kitchen. We take care of each other in mourning, illness, and dire circumstances.

Our Board members work together to guide our congregation. At our Members' Annual Meeting on June 22, we thanked departing and continuing Board members for their service, and welcomed new Board members. We also thanked nominating committee members Laura Gooch, Karen Kugelman, Marilyn Malkin, and Scott Wachter.

Please do not hesitate to contact individual Board members or me with your questions, comments, concerns, or complaints. Their telephone numbers and email addresses appear elsewhere in this newsletter.

Departing Board members

Mia Buchwald Gelles, Adult Education.

Mia has organized an extraordinarily effective committee that presents an impressive variety of educational programs, including our Scholar in Residence weekend. The Board values her astute observations and thoughtful recommendations.

Laura Gooch, Treasurer. Laura completely reorganized our bookkeeping, reporting, and budgeting systems. She personally reviews every transaction. We appreciate the tremendous amount of work she does. Laura has graciously agreed to continue as interim Treasurer until another member commits to taking on this important role.

Sue Klein, at large. Sue conscientiously participated in Board meetings. She volunteers in several areas of our congregation, including as coordinator of our Torah reading corps.

Marilyn Malkin, Chesed. Marilyn has volunteered her time since the early days of Heights Synagogue. She actively participates in Board deliberations and decisions, helping us refine and polish our solutions.

David Shutkin, Communications Committee. David is also active on our Adult Education committee. The Board appreciates his thoughtful perspectives.

Continuing Board members

Lisa Berusch moves to an At Large position

after serving as Ritual co-chair. Lisa has done innumerable things for our congregation, including serving as Beth El - The Heights Synagogue's first president, and as Ritual Committee Chair. She continues to lead and organize our services and, together with Stacia Dearmin, Sue Klein, Rabbi Adler, and others, has been taking care of all matters ritual.

Shelley Bloomfield, At Large. Shelley organized our recent Graduates' Kiddush. We appreciate Shelley's intellectual and literary approach to the issues facing our congregation.

Stacia Dearmin, becomes Ritual Committee Chair after serving At Large. In addition to regularly leading services, Stacia coordinates our Shabbat services and, together with Lisa Berusch, Sue Klein, Rabbi Adler, and others, has been taking care of all matters ritual. We appreciate Stacia's knowledgeable, articulate approach.

Robin Dubin, Secretary. Robin actively participates in Board deliberations and decisions. She established, and continues to maintain, our congregation's comprehensive calendar on the Internet. We value her orderliness.



*Thanks,
to all
of you,
for the time
and effort
you have
given to
Beth El
~ The
Heights
Synagogue.*



Leon Gabinet, At Large. Leon is a pillar of our congregation, having served as President of Temple Beth El for many years, Vice President, and Ritual Committee Chair. Leon's knowledge and wisdom will continue to guide our congregation.

Merry Lugasy, Social. Merry has volunteered her time since the early days of Heights Synagogue. For the past year, she worked closely with Executive Chef Marvin Palevsky to improve and expand the capabilities of our gourmet kosher kitchen.

Lynda Siff, becomes Adult Education Chair after serving At Large for the past year. Lynda has helped produce several of our adult education programs. She actively participates in Board deliberations and decisions.

Ditte Wolin, Vice President, House and Operations. In addition to running our building every day, Ditte continues her service as Vice President. Ditte is well-suited to these roles, as she rolls up her sleeves and tackles the 1,001 jobs that need to be

Finally, thank you for the honor and privilege of serving as our congregation's President. I set three goals for the final year of my term:

- 1) continue increasing our congregation's financial stability;
- 2) continue improving our internal operations; and
- 3) engaging and advising our congregation's next President.

Beth El – The Heights Synagogue is truly a labor of love shared by many. Having met the challenges of the past ten years, we confidently look forward to the challenges ahead and our bright future together.

- Jack Valancy

The King Is in the Field, *continued from Page 1*

Because HaShem took the initiative by first showing His love for us, we are bold enough to take an initiative of our own and show our love for Him.

Our potential to take the initiative comes from HaShem, but it is we who must actualize that potential. The King is in the field, but we have to go out and greet Him.

In Tishre, on the High Holy Days, when the King is seated on the throne once more, and we come before Him with our petitions, our

awe is mingled with love. This is because we have already met Him in Elul, "in the field." Thus, though we have frequently violated our mutual covenant during the year, we can confidently pray, in the words of the High Holy Day liturgy, *la-b'rit habet, v'al tefen la-yetzer*, "Look at our covenant, and not at our human weaknesses."

Incoming Board members

Leon Adato, Communications. Since joining our congregation last year, Leon redesigned our web site, performed in our Purim schpiel, presented d'vei torah, and helped organize our new Youth Group. The Board looks forward to his articulate enthusiasm.

Sharona Hoffman and Alan Lerner join the Board as At Large trustees. We look forward to working with them.

Scott Wachter returns to our Board as chair of our Membership committee and as interim chair of our Chesed committee. Scott has served on our Board in various capacities since our congregation's formative days. Scott's initiatives include organizing minyanim, coordinating our Pancake Breakfast, and producing our Comedy Night. We look forward to his return to the Board.

We
achieve
inner health
only
through
forgiveness
~ the
forgiveness
not only
of others
but also
of
ourselves.

Joshua Loth Liebman

Youth Group Bowling

By Heather Adato

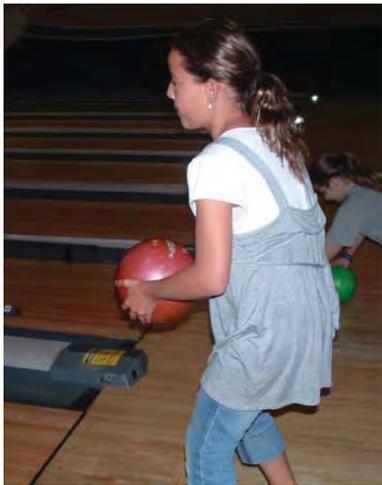
The song *Funky Town* comes on and with it, so do the spares and strikes as 18 kids make their way dancing, singing, and laughing down the bowling lanes, bowling in any way but normally. Some run and then lie on their stomachs, pushing the ball down the lane with their hands, others granny-bowl down, some push it backwards, and still others bowl through someone else's legs. A change in music, a change in pace, this time it's Aerosmith's *Sweet Emotions*. Many of the



older kids are singing along, rocking out in the way that only we know how, just like our parents. Yes, that day the monkey and disco did come back to many of us, along with the honorary Michelle of "Full House" tushy shake! Everywhere, laughs were heard; nobody got upset when they got a gutter ball. History was even made that day: we, the youth, found out it is indeed possible to get a gutter ball with bumpers!



The best part came when we started the second game though: We picked biblical names, but only five names went up in a lane with six kids. No, it wasn't because we had a counting error, in fact it was done on purpose. Instead we ganged up on Samson to beat out the evil Korach, and to help the beautiful Eve win over Balaam, each kid picking who they wanted to win and bowling their absolute best and their absolute worst for who they wanted to lose. This game was the most entertaining as we all laughed and screamed things like "Oye vey!!!" when the ball didn't go straight down the lane. Over all, much laughing occurred and was enjoyed by all.



Then came the part that all good Jews know how to do: cook and eat! Pizza-making was the best, with a plethora of toppings to pick from to put on our own personal pizzas. Things like, spinach (yes I do mean spinach, no I'm not lying, you're reading this correctly), chives, peppers of all colors, green and black olives, mushrooms, alfredo or red-sauce – and of course cheese – graced our tantalizing pizzas, which were then quickly eaten with much enjoyment. After that we all sat down at the table to discuss future events we would enjoy participating in. Ideas flew left and right, up and down, front and back, well you get the idea! The number of ideas we had was not limited in any way, from things like redecorating the babysitting room, with the help of adults, to having a Hebrew fest in order to help raise money for the youth group itself, to possibly even going to whirly-ball for another event. Every one left with smiles on their faces and not a tear in sight. An amazing time was had and will never be forgotten.



Sonny Kugelman Will Celebrate Her Bat Mitzvah

Sonny Kugelman is a highly energetic 12 year old. She says if you split her in half, all you would be able to find is bubbles made of concentrated creativity. Sonny is a dedicated creative writer, and loves to write stories in her room. The highest grade on her report card is in Language Arts, which pretty much proves what she can do to jazz up boring writing assignments. She'll be going to Fuchs Mizrahi School, starting next school year. Sonny's family (made up of Karen, Harvey, Adam, Eli, Tanya, and brother-in-law, Kyle) is very supportive of her. Whether it's listening to her stories of camp, helping her figure out tough lines in her violin pieces, or just hanging out, they're always there to help. For her Bat Mitzvah project, Sonny had a garage sale and lemonade stand to help raise money to benefit people in Sderot. It was a HUGE success, and she is currently sending \$278.10 to Israel. Karen and Harvey Kugelman, Sonny's proud parents, invite the whole congregation to a Kiddush in honor of Sonny's Bat Mitzvah on August 30.



L'Hitraot to Debbie and Susanna

By Blanche Valancy

Long-time members Debbie Pearl and Susanna Richman moved in early July to Santa Rosa, California! For Debbie, this is a return to her "native land," as she was born and educated, through receiving her Ph. D. from Berkeley, in northern California. For Susanna, born in Cleveland and educated in the Cleveland Heights/University Heights Schools, this will be a new place to live.

Debbie came to Cleveland in 1985 to join the History Department at Cleveland State University. She taught graduate and undergraduate students Russian and Eastern European history as well as Western Civilization courses, rising to the rank of Associate Professor; she directed the Masters program for seven years, which she enjoyed because of the opportunity to advise these advanced students.

Susanna began attending the CH/UH Schools in pre-school and will finish high school in Santa Rosa before entering an excellent adult day program in the area. Part of the motivation to move is that Debbie has friends all around the Bay Area and that her mother lives in San Jose.

Debbie joined Beth El - The Heights Synagogue in 1999, the second year of its existence. She has appreciated the special qualities and warmth of our congregation and wonders if she can find anything like it in their new community! It was difficult to say good-bye.

Debbie and Susanna hope that members who are heading for the Bay Area will contact them and plan a visit. Debbie's new email is pearldeb@gmail.com and she hopes to hear from us soon!!

L'Hitraot and Shalom, best wishes in their new home to Debbie Pearl and Susanna Richman!

NEWS FROM BETH EL

חדשות



Refuah Sh'lema to:

- Merry Lugasy
- Honey Massey

Yasher Koah to:

- **Dr. Henry Bloom**, who was recently featured on "Healthlines," the regular radio broadcast of the Northern Ohio Medical Association/Academy of Medicine of Cleveland, heard on station WCLV. Henry's topic, which he discussed on segments aired over three days, was "the Annual Physical Exam." Henry defended the value of yearly exams, in light of recent controversy surrounding their need. In addition, Henry's editorial letter on the subject of Methicillin Resistant Staph Aureus in Families appeared in the June 4 issue of the Journal of the American Medical Association.
- **Honey Massey** who traveled to Columbus, Ohio, on, May 9 with six of her CWRU English as a Second Language (ESL) students to attend the Ohio Writer's Conference eleventh awards ceremony. This annual contest is for all ESL-GED students attending Adult Basic Literacy classes in the state of Ohio. The program is sponsored by the Kent State Ohio Literacy Resource Center. All the writers' works were published in a book with a short biography of each writer; a copy of the book is sent to President Bush. There were over 500 submission, fourteen from Honey's class. This is the fourth year that Honey's advanced ESL class has had winners, and this was the greatest number of winners yet. Honey is honored that so many of her students have succeeded in learning to express themselves so beautifully in what is for them a "foreign" language.

Condolences to:

- **Carol Berusch and her family** on the recent death of Carol's sister, Arlene Cohen.

Mazel Tov to:

- **Marvin and Miriam Palevsky**, who celebrated their twenty-third anniversary on June 16.

Thanks for Contributions to:

- **Michael and Shelley Bloomfield**, toward the Graduation Kiddush.
- **Michael and Shelley Bloomfield**
- **Frank and Jeanette Buchwald**, in honor of the June birthdays of Frank Buchwald and Shani Gelles.
- **Emily Dennis**, in memory of Jeffrey Landis; in memory of Nancy Landis; in honor of Karen Kugelman for sending out yahrzeit reminders.
- **Joel and Julie Falck**, toward the Graduation Kiddush.
- **Leon Gabinet**
- **Marty Gelfand and Sherry Ball**, in thanks for aliyot.
- **Gabi Hays**, to the Newsletter.
- **Sharona Hoffman and Andy Podgurski**
- **Sue Klein**, to the Simcha Kiddush Fund, in honor of Maggie Berusch becoming bat mitzvah.
- **Robert Kurzbauer**
- **Judith Lavelle**, in memory of her mother, Elizabeth Weissberger Lavelle, on her Yahrzeit.
- **Deborah Pearl**
- **Deborah Smith**, in honor of the birth of Menachem Shoham's seventh grandchild, Shiri Arbel.
- **Rabbi Stanley and Lifsa Schachter**, to the Adult Education Fund.
- **Connie and Harold Sussman**, to the Rainy Day Fund.
- **Ellen and Harold Ticktin**
- **Linda Tobin and Stephen Pepper**, in honor of Maya Lugasy's graduation and Aaron Rabinowitz becoming Bar Mitzvah.
- **Blanche and Jack Valancy**, in memory of Nathan Valancy.
- **Anonymous**, in thanks for an aliyah.

Thank you to:

➤ **Leah Stella**, who rehabilitated several of our floppy Sefer Torah fasteners with new elastic. Those honored with G'lilah (dressing the Torah scroll) will no longer need to twist the fastener to make it shorter – a Beth El tradition that we are actually happy to see the end of!

Thanks for Kiddush sponsorship to:

➤ **August 9** – Kyle and Cynthia Rose, in honor of their daughter, Emma, becoming Bat Mitzvah that day.
➤ **August 30** – Harvey and Karen Kugelman, in honor of their daughter, Sonny, who celebrates her Bat Mitzvah that day.

Thanks for Mailing help to:

A big thank you to all the wonderful members who helped prepare the June/July Newsletter for the mail:

- **Gerson and Kimberly Carr**
- **Sue Klein**
- **Alicia, Jillian, and Vicki Rosales**
- **Teri Tomberg**
- **Blanche Valancy**

These were the folks who came out on a beautiful spring evening to help!!

Apologies to:

➤ **Erica New**, whose name was mistakenly listed as Rebecca in the June/July newsletter.

Tish'ah b'Av

Join us for the reading of Eichah, the book of Lamentations, at the beginning of the Fast of Tish'ah b'Av.

Saturday, August 9, 10:00 PM

צום תשעה באב
ט' אב



CALENDAR, AUGUST-SEPTEMBER 2008

תמוז \ אב 5768

Saturday, August 9 – Emma Kaufman Rose will become Bat Mitzvah. Her parents, Cynthia and Kyle Rose, invite the congregation to Kiddush in her honor, following services.
10:00 PM – **Tish'ah b'Av** – Reading of Eichah (the Book of Lamentations) (see page 3)

Saturday, August 23, after services – **Monrhlly Simcha Kiddush**, to celebrate all of our August simchas. See page 10, green box, for additional details.

Saturday, August 30 – Sonny Kugelman will celebrate her Bat Mitzvah. Her parents, Harvey and Karen Kugelman, invite the congregation to Kiddush in her honor, following services.

Saturday, September 13, after services – **Lunch and Learn with Golda Meir**
Mark your calendars for a surprise visit from Golda Meir at our next Lunch and Learn on September 13. Look for more information in next month's newsletter.

Saturday, September 20
9:15 AM – Morning service
No earlier than 8:09 PM – Shabbat ends
9:30 PM – **Havdalah**, followed by learning
11:00 PM – **S'lihot**

שבת

סליחות

Monday, Sept. 29 – Erev Rosh HaShanah
6:50 PM – Candle lighting
7:30 PM – Evening service

ערב ראש השנה

Tuesday, Sept. 30 – First day Rosh HaShanah
8:30 AM – Morning service
5:00 PM – Tashlikh
7:30 PM – Evening service, followed by candle lighting

ראש השנה

(Calendar continues on page 10)



Simcha Celebration

Join us in celebration of all of our August simchas at Kiddush on August 23.

We will celebrate birthdays, anniversaries, engagements, accomplishments, and more.

Become a Simcha Kiddush honoree

Donate \$25 per simcha celebrant to the Kiddush Fund, accompanied by a note stating who is to be honored, and what month.

All proceeds go toward defraying the cost of the Kiddush.

Wednesday, October 1 – Second day Rosh HaShanah	ראש השנה
8:30 AM – Morning service No earlier than 7:50 PM – Havdalah (at home)	
Thursday, October 2 – Fast of Gedaliah (sunrise to dark)	צום גדליה
Saturday, October 4 – Shabbat Shuvah	שבת
9:15 AM – Morning service No earlier than 7:45 PM – Havdalah (at home)	
Wednesday, October 8 – Erev Yom Kippur	ערב ים כפור
6:30 PM – Candle lighting, followed by Kol Nidre	כל נדרי
Thursday, October 9 – Yom Kippur	יום כפור
8:30 AM – Morning service (<i>with Yizkor</i>) 5:00 PM – N'ilah Service begins Approximately 7:37 PM - Blowing of the Shofar	יזכור
Monday, October 13 – Erev Sukkot	ערב סוכות
6:31 PM – Candle lighting (at home)	
Tuesday, October 14 – First Day Sukkot	סוכות
9:15 AM – Morning service 7:29 PM – Candle lighting (at home)	
Wednesday, October 15 – Second Day Sukkot	סוכות
Morning service: 9:15 AM. No earlier than 7:27 PM – Havdalah (at home)	
Saturday, October 18 – Shabbat <u>H</u>ol HaMoed	שבת חול המועד
9:15 AM – Morning service No earlier than 7:23 PM – Havdalah (at home)	
Monday, October 20 – Hoshana Rabbah (last day of Hol HaMoed)	הושענא רבה
6:20 PM Candle lighting (at home)	
Tuesday, October 21 – Sh'mini Atzeret	שמיני עצרת
9:15 AM – Morning service (<i>with Yizkor</i>) 7:15 PM – Candle lighting, followed by evening service with Hakafot	יזכור הקפות
Wednesday, October 22 – Simhat Torah	שמחת תורה
9:15 AM – Morning service with Hakafot No earlier than 7:17 PM – Havdalah (at home)	הקפות
Saturday, October 25 – Shabbat B'reshit	שבת
9:15 AM – Morning service No earlier than 7:13 PM – Havdalah (at home)	

Yahrzeits, August

29 Tammuz to 30 Av

Tammuz

Harry M. Newman 29 Tammuz 5726
 Harry Soliton 29 Tammuz 5721

Av

Michael Sidney Lampel 1 Av 5729
 Gutel Simon 2 Av 5723
 Louis Sobel 3 Av 5710
 Dr. William Rosewater 4 Av 5763
 Joseph Meyer Dubin 5 Av
 Joseph Magden 5 Av 5726
 Fanny Wachter and Children 6 Av 5704
 Norman Slivka 6 Av 5733
 Joseph Oshuns 10 Av 5756
 Joe Neuger 11 Av 5754
 Hanna Tepper 11 Av 5700
 Maurice B. Lavine 11 Av
 Sarah Fried Weiss 12 Av 5723
 Marcia L. Jacobs 14 Av 5734
 Harry Tinman 15 Av 5729

Norman Paul Glanz 16 Av 5723
 Sarah Blume Levine 16 Av 5737
 Ida Greenstein 18 Av 5728
 Lena Freed 19 Av 5726
 Morris Ginsberg 19 Av 5732
 Esther Ann Farachi 20 Av 5739
 Helen K. Weil 22 Av 5752
 Joseph D. Klein 23 Av 5718
 Samuel Messerman 24 Av 5748
 Vladimir Bonacic 26 Av 5759
 Sadie Landesman 27 Av 5720
 Dr. David Russack 27 Av 5743
 Bernard Mason 29 Av 5719
 Joshua Andrew Topy 30 Av 5767

If you wish to add or update any Yahrzeit information for members of your family, please send e-mail to Karen Kugelman, kkugelman2@aol.com.

Memorial Plaque

Space remains available on our new memorial plaque.

Each bronze name plate has room for three lines of text; you will be able to preview the design before it is cast in bronze.

Donation for each name plate is \$324, Chai², or 18 x 18.

If you have questions or need a copy of the form, call Karen Kugelman, 216-932-5562.

(The form is also available as the last page of the April 2008 newsletter, downloadable from our web site, <http://www.bethel-heights.org/> Click on "Newsletters" in the blue box at the right.)

Book of Remembrance

Memorialize your loved ones in our Book of Remembrance, which will be distributed at each of the four Yizkor services during this upcoming year, beginning with Yom Kippur, October 8, 2008. The contribution for each name is \$10.00.

Listings must be received by September 22, 2008, in order to be published in this year's book.

Donor: _____

Phone Number: _____

Names to be listed (*Please print clearly!*):

Amount enclosed: _____

Mail c/o

Karen Kugelman
 2904 Washington Boulevard
 Cleveland Heights, OH 44118

Questions? Need another form? Call the High Holiday Hotline, 216-320-9667.

The Beth El BigList is Moving!

By Leon Adato, Communications Chair

Break out the boxes, wrap the china, and call the phone company to cancel our service. Cause we're moving to a new neighborhood! The BethEl Big List is going to be moving over to Google Groups. While it should take about a month before we've weaned ourselves off the current system, as early as next week we will start sending out instructions to current BigList members and having people sign onto the new Google-based mailing list.

Detailed instructions will be posted soon on the Beth El website (<http://www.bethelheights.org>). If you want to get a head start, you:

Create a Google account (if you don't already have one). Go to <https://www.google.com/accounts/NewAccount> and fill in the form.

Once your Google account is set up (or if you already have one) go to http://groups.google.com/group/beths_list.

1. You will need to sign into Google first (using the account you just set up)
2. You will be asked to create a "nickname" for yourself when you post messages to the group (yes, it can be your boring old regular name).
3. You can choose how often you will get emails from the group. To match the way BigList works today, you would choose the fourth option "Email". But read the other choices to see if they sound better to you.
4. That's it! You are all set up.

Why are we making this change? Well, a bunch of reasons really.

- First, there's convenience (no really, that comes before cost. Honest!).
Using Google groups, we (the users) can go back and view old messages.
We can access the list even when we aren't at the computer where our email is.
And of course we can use the list the same way we are doing it today.
- Second, there is cost (you didn't think cost *wasn't* going to be a factor, right?).
BigList costs \$\$, and Google is free. Free as the wind blows, free as... well, you get the idea. I'm a big believer in "free" as long as "good" comes along for the ride. I think Google Groups gives us both.
- Third, administration. Right now it all rests on our president, Jack Valancy. Moving to Google means that several people can administer the system and share the load.

If you have questions, comments, complaints or compliments,
please contact Leon Adato (communications@bethelheights.org)

**Beth El – The Heights Synagogue
Board and Committee Contacts
August 2008**

Name	Position	E-Mail	Phone
BOARD MEMBERS			
Officers:			
Jack Valancy	President	president@bethelheights.org	216-371-1439
Ditte Wolin	Vice-President	vp@bethelheights.org	216-932-9907
Robin Dubin	Secretary, Scheduling	secretary@bethelheights.org	216-382-8848
Laura Gooch	Interim: Treasurer	treasurer@bethelheights.org	216-932-1002
Committee Chairs:			
Lynda Siff	Adult Education	adulthood@bethelheights.org	216-381-0815
Scott Wachter	Interim: Chessed	cheded@bethelheights.org	216-932-5964
Leon Adato	Communications	communications@bethelheights.org	440-542-9659
	Development	development@bethelheights.org	
	Family Education	familied@bethelheights.org	
Ditte Wolin	House and Operations	info@bethelheights.org	216-932-9907
Scott Wachter	Membership	membership@bethelheights.org	216-932-5964
Stacia Dearmin	Ritual co-chair	ritual@bethelheights.org	216-321-4327
Merry Lugasy	Social	social@bethelheights.org	216-337-4761
At-Large:			
Lisa Berusch	At-Large, Ritual co-chair	atlarge1@bethelheights.org	216-397-9060
Shelley Bloomfield	At-Large	atlarge2@bethelheights.org	440-247-9415
Leon Gabinet	At-Large	atlarge3@bethelheights.org	216-751-7444
Sharona Hoffman	At-Large	atlarge4@bethelheights.org	216-691-0415
Alan Lerner	At-Large	atlarge5@bethelheights.org	216-932-5950
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Rabbi Moshe Adler		rabbi@bethelheights.org	216-291-2404
Carol Bruml	Newsletter Editor	news@bethelheights.org	216-932-9155
Joe Buchwald Gelles	Family Education	familied@bethelheights.org	216-321-6717
Vicki Rosales	Press Releases	press@bethelheights.org	216-397-4062
Blanche Valancy	Data Base, Mailing & Telephone	database@bethelheights.org	216-371-1439
Marvin Palevsky	Executive Chef	chef@bethelheights.org	216-382-7622 216-235-9382

Please save for your future reference.